


Young People's Health Resource Newsletter December 2021

*****Season's Greetings***
& a Happy, Healthy and Hopeful New Year
to all our readers**

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk and/or follow us on  @yphsig

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content

*****STOP PRESS*****

**Exciting new on-line home
for the excellent Key Data on Young People's Health from AYPH**

 <https://ayph-youthhealthdata.org.uk/>

A new website recently launched to host the excellent "Key Data on Young People's Health" resource produced by the Association for Young People's Health AYPH which gives up to date national data on key health outcomes for 10-24 year olds.

Professional Webwatch

Loneliness and Young People

 <https://lonelynotalone.org/>

Lonely Not Alone is a Co-Op foundation campaign addressing loneliness in young people. It is a safe place for young people to share stories, find their tribe and discover the one small step that could help to make things better

Transitional Care

 <https://www.sheffieldchildrens.nhs.uk/download/344/transition/5364/transition-moving-into-adult-care.pdf>

Transition: moving into adult care. Leaflet from Sheffield Children's NHS FT.

Health conditions

 <https://www.under16cancerexperiencesurvey.co.uk/visual-summaries>

Data from **Under 16 Cancer Patient Experience Survey in England** has been published. Data shows that many children, young people & their families had positive experiences of cancer care but satisfaction with hospital ward facilities was low.

 <https://www.thelunaproject.org.uk/>

The LUNA Project. LUNA stands for Learning to Understand Needs and Abilities, and it's a charity that was set up by young people to support and raise awareness of young people with disabilities and chronic illnesses, with a particular focus on friendship. The majority of the team is disabled or chronically ill themselves, has cared for or been friends with someone who is, so their work is based entirely on lived experience. They do a lot of things including making resources and running events and workshops, and they've recently received a grant to print some of their resources for distribution in lots of different places.

They'd love for these resources to benefit as many young people as possible, both disabled and non-disabled - many of the team feel that these are the resources that were lacking from their own experiences.

The resources that are being printed are:

- **From Me and My Friends, to You and Yours: General Chronic Illness.** This is a broad resource which covers how being chronically ill affects someone and what their friends can do to help (There's lots of condition specific ones on the website: <https://www.thelunaproject.org.uk/from-me-and-my-friends-resources>)
- **Diversify Your Bookshelf.** This is an A3 poster with recommendations for books containing disabled characters and suggested age ranges, suitable for 10-18 year olds
- **Deaf awareness.** This is a leaflet about being deaf as a young person, what people can do to help, and deaf culture
- **A Pocket Guide to Accessibility.** This resource covers the principles of accessibility, including the medical and social models of disability, and how to apply them to in person and online events

For further information: thelunaprojectuk@gmail.com

Professional Bookshelf

-  Ballard LM, Jenkinson E, Byrne CD, Child JC, Inskip H, Lokulo-Sodipe O, Mackay DJG, Wakeling EL, Davies JH, Temple IK, Fenwick A. Experiences of adolescents living with Silver-Russell syndrome. *Arch Dis Child*. 2021 Dec;106(12):1195-1201.
-  Ford CA, Bourgeois F, Buckelew SM, Emans SJ, English A, Evans YN, Irwin CE Jr, Richardson LP, Sherer S, Short S, Sieving RE, Simpson T, Tanaka D, White K. Twenty-First Century Cures Act Final Rule and Adolescent Health Care: Leadership Education in Adolescent Health (LEAH) Program Experiences *J Adolesc Health*. 2021 Dec;69(6):873-877.
-  Ford T, Degli Esposti M, Crane C, Taylor L, Montero-Marín J, Blakemore SJ, et al The Role of Schools in Early Adolescents' Mental Health: Findings From the MYRIAD Study. *J Am Acad Child Adolesc Psychiatry*. 2021 Dec;60(12):1467-1478.
-  Giovanelli A, Adams SH, Jane Park M, Ozer EM. Delivering Anticipatory Guidance About Technology Use to Adolescents in Primary Care: Rates in a Representative California Sample. *J Adolesc Health*. 2021 Dec;69(6):1044-1047.
-  Hausmann JS, Weitzman ER. The Promises and Perils of Social Media for Pediatric Rheumatology. *Rheum Dis Clin North Am*. 2022 Feb;48(1):233-243.
-  Hoffman BL, Wolynn T, Sidani JE. COVID-19 Vaccines for Adolescents: Leveraging the ABCs of Communication. *J Adolesc Health*. 2021 Dec;69(6):884-885. Hoffman BL
-  Jolly D, Boskey ER, Thomson KA, Tabaac AR, Burns MTS, Katz-Wise SL. Why Are You Asking? Sexual Orientation and Gender Identity Assessment in Clinical Care. *J Adolesc Health*. 2021 Dec;69(6):891-893.Jolly D
-  Peeters MAC, de Haan HG, Bal RA, van Staa A, Sattoe JNT. Active involvement of young people with T1DM during outpatient hospital consultations: Opportunities and challenges in transitional care services.*Patient Educ Couns*. 2021 Sep 30:S0738-3991(21)00645-5.
-  Perry M, Gray SH. The Quality Chasm Widened by the Impact of the Cures Act on Adolescent Confidentiality. *J Adolesc Health*. 2021 Dec;69(6):861-862.Perry M, Gray SH
-  Singh G, Zhu H, Cheung CR. Public health for paediatricians: Fifteen-minute consultation on addressing child poverty in clinical practice. *Arch Dis Child Educ Pract Ed*. 2021 Dec;106(6):326-332.
-  Tyungu DL, O'Leary ST, Middleman AB. How Can We Best Use COVID-19 Vaccines in Adolescents? A Perspective From the United States. *J Adolesc Health*. 2021 Dec;69(6):881-883.
-  Wear KR, Li S. Guideline review: RCPCCH perplexing presentations, fabricated or induced illness in children guidance 2021. *Arch Dis Child Educ Pract Ed*. 2021 Nov 2:edpract-2021-322406.
-  Xie J, McPherson T, Powell A, Fong P, Hogan A, Ip W, Morse K, Carlson JL, Lee T, Pageler N. Ensuring Adolescent Patient Portal Confidentiality in the Age of the Cures Act Final Rule. *J Adolesc Health*. 2021 Dec;69(6):933-939.Xie J
-  Zhong Y, Lee LY, Tambyah PA, Liew WK, Lee BW. How Can We Best Use COVID-19 Vaccines in Adolescents? An International Perspective. *J Adolesc Health*. 2021 Dec;69(6):878-880.

Training in Young People's Health

 www.e-lfh.org.uk

The Adolescent Health programme has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

Forthcoming Dates for your Diary!

2022

January		
25	Centre for Adolescent Rheumatology UCL/UCLH/GOSH 6 th Adolescent Rheumatology symposium	https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977
March		
20-26	International Adolescent Health Week	https://internationaladolescenthealthweek.org/
31	Bristol Royal Hospital for Children <i>Adolescent masterclass</i> A multiprofessional one day conference	Opportunities to present project/research with an adolescent focus available during the day. Submit expressions of interest by 16/12/2021. All bookings and queries to: FacultyOfChildrensNurseEducation@uhbw.nhs.uk
May		
NEW 17	Sheffield Transition conference Sheffield Children's Hospital (virtual)	For further information please contact: scn-tr.transitionteam@nhs.net
June		
22	6 th National Transition Conference, UK	For more information please contact Jacqui.rogers@alderhey.nhs.uk
28-20	RCPCH Conference 2022 "Connect, Inspire, energise – celebrating Paediatrics and child health Together" Liverpool	Abstract deadline 17 Feb 2022

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk