


Young People's Health Resource Newsletter March 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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**Hoping this finds you and your loved ones safe and well and coping
In these very strange times.**

YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk and/or follow us on  @yphsig

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content

Professional Webwatch

 <https://paediatrics2040.rcpch.ac.uk/>

Report from RCPCH - **Paediatrics 2040** - which was initiated in Autumn 2018 by the Royal College of Paediatrics and Child Health, looking to guide their vision of how to achieve a healthier future for children and young people.

Long term conditions

 <https://www.who.int/publications/i/item/9789240017870>

WHO Guidelines on the management of chronic pain in children (December 2020)

 <https://adolescent-rheumatology.uk/more-information/>

Online recordings from the recent UCL Centre for Adolescent Rheumatology Symposium including a talk from a young person with JIA – Eleanor Edgar - with her rheumatologist Janet McDonagh talking about addressing mental health in rheumatology clinics.


Mental Health

 <https://www.mentalhealth.org.uk/news/>

Preliminary results have been reported from an ongoing study being done by the Mental Health Foundation in partnership with Swansea University, the Charity MQ Mental Health Research and Leaders Unlocked, finds that teenagers' mental health is under severe pressure as the pandemic continues.

- “Our nationally representative data suggest that across Britain, roughly one-in-four teenagers experiences some symptoms of anxiety or depression on most days
- Teenagers whose parents/guardians are unemployed are much more likely to report symptoms of anxiety and depression (in some cases, twice as likely) than those whose parents/guardians work full time
- The mental health of teenagers with parents in social grades ‘C2DE’ appears to be significantly worse than that of teenagers in ‘ABC1’ homes”


Impact of Covid-19 pandemic on Young people


 https://www.ukyouth.org/wp-content/uploads/2021/02/UK-Youth-Fund-Report-Executive-Summary_1.pdf

The impact of covid-19 on England's youth organisations. Report from UK Youth (March 2021)

Professional Bookshelf


 Sattoe JNT, van Staa AL, Hilberlink SR (Eds) **Self-Management of Young People with Chronic Conditions: A Strength-Based Approach for Empowerment and Support** (Eds van Staa AL, Hilberlink S, Sattoe J); Switzerland, 2021 <https://www.springer.com/gp/book/9783030642921#>


 **Journal of Children's Services special issue on “Promoting the welfare, protection and care of children during the coronavirus (COVID-19) pandemic”** will be free access for 3 months from today (11th January – 11th April 2021). To read these articles please follow this link: <https://bit.ly/2Xx1i9Q>


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Training Opportunities

 Online training, developed by PHE, is now available for those supporting children and young people affected by coronavirus (COVID-19)
<https://www.futurelearn.com/courses/psychological-first-aid-for-children-and-young-people>

 Useful Presentation re: motivational Interviewing with young people from Dr Cathy Atkinson, Educational Psychologist, University of Manchester
<https://www.youtube.com/watch?v=4qvDokGYgQE>

Call for submissions “Adolescent and Young Adult Health through a Developmental Lens” special issue in Healthcare journal

Special Issue in Healthcare Journal (Impact factor 1.916) "Adolescent and Young Adult Health through a Developmental Lens" (Guest editors Janet E McDonagh and Albert Farre) Submission deadline November 2021.
https://www.mdpi.com/journal/healthcare/special_issues/Adolescent_Young_Adult_Health_Developmental_Lens

Forthcoming Dates for your Diary!

2021

Month	Event	Website
March		
1	Royal College of Emergency Medicine Forgotten Tribe study Day	www.rcem.ac.uk
21-27	International Adolescent Health Week	https://internationaladolescenthealthweek.org/index.html
May		
13-14	7 th Annual conference on Adolescent Health Translating research into practice	https://www.umhs-adolescenthealth.org/conference/

	Ann Arbor, Michigan, USA	
20	British Society of Rheumatology Developmentally appropriate rheumatology care for young people: transitional care and beyond	https://www.rheumatology.org.uk/events-learning/courses/transitional-care-children-young-people
June		
10	5th Annual National Transition Conference	Information to follow Contact: Jacqui Rogers, Trust Transition Service Lead Nurse Alder Hey Children's NHS Foundation Trust
16	YPHSIG session At RCPCH Annual Meeting (virtual)	https://www.rcpch.ac.uk/news-events/rcpch-conference
August		
23-26	International Pediatric Association conference hosted by RCPCH Ensuring a brighter future for all children Glasgow	***POSTPONED***
Nov		
19-21	IAAH <i>12th World Congress Adolescent Health Meeting the challenge of global change</i> Lima, Peru (re-organised from 2020)	http://www.iaah2020congress.org/en

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk